



[2019-2020] Wellness Policy Report

[Sedona-Oak Creek Unified School District]



Our Wellness Goal Highlights



We met these goals:

- ✓ School meal program menus will be posted on the District website.
- ✓ Local and/or regional products are incorporated into the school meal program
- ✓ Nutrition education will be provided during annual promotions such as FSMC Farmer's Market and Cooking Class.
- ✓ Students have opportunities to participate in physical activity after school.
- ✓ Recess will be offered outdoors when weather is feasible.



We are still working on these:

- ✓ Nutrition education links will be made available on our District's website.
- ✓ Invite families to participate in school-sponsored activities and receive information about health promotion efforts.
- ✓ Provide staff wellness material to promote modeling healthy eating and physical activity behaviors.

District Wellness Committee

Actively recruiting!

- ✓ Meets at least 4 times annually about school health & safety
- ✓ Led by Stacy Saravo, Assistant Business Manager
- ✓ Designates a District official to ensure that schools use the wellness policy

Current members include: [parents, , teachers, administrators, food services representatives, other school staff, school board member, school nurse]

Our District Wellness Policies

Planning, Tracking, & Sharing

📖 See the Wellness Policy by clicking [here](#).

💡 See the Triennial Assessment of the Wellness Policy [here](#).

